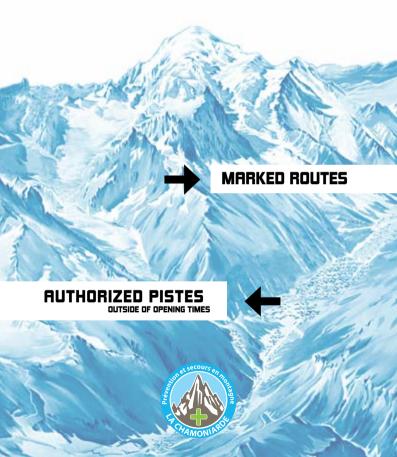
# SKI TOURING CHRMONIX VALLEY



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Feel like heading out when the weather's not great?

Getting some fresh air after a day at work?

Starting out ski touring without too much stress?

Racking up some elevation gain to be in top physical shape?





«It is prohibited to travel against the flow of skiers, regardless of the means used, when pistes are open as well as during piste grooming periods after pistes have closed»

Arrêté municipal N° 010928/2020, article 4

«Some slopes may be closed and restricted to the public during the implementation of the PIDA (Avalanche Triggering Intervention Plan) or during grooming operations»

Arrêté municipal N° 010928/2020, article 5

# for the following reasons:



If you go up the pistes while skiers or snowboarders are descending, you risk a collision.



If you decide to go up the pistes when they are closed, you risk colliding with a snowcat winch cable, which often has serious consequences. And consider the piste-groomer's fear of an accident!

You should also know that controlled preventive avalanches are triggered to secure the ski areas outside the piste opening hours.

# So, for your enjoyment and safety

the Communauté de Communes de Chamonix & the Compagnie du Mont Blanc offer 2 solutions :



## **4 MARKED ROUTES**

- These marked routes, although close to the pistes, are <u>not secured</u> by ski patrollers. You carry out this activity under your own responsibility. Remember to equip yourself accordingly (transceiver/probe/shovel, phone) and prepare for your outing (avalanche risk, weather, etc).
- They are also <u>not maintained</u> daily, and their technical level varies depending on conditions (icy sections, lack of snow, etc.) and the number of people who have already been through.
- Different from the pistes, they are accessible when the descent piste is <u>open</u>.
- Although they are neither open nor closed by ski patrollers, access can be prohibited at the start of the route by the municipality or the operating company in case of high avalanche risk.
- · Make sure you are insured for skiing!



In the event of an encounter with an animal, stop and let it move away calmly. It will use much less energy!

Watch out for dogs straying, www.bepartofthemountain.org



## 5 PISTES AUTHORISED FOR SKI TOURING

## FROM THE SKI AREA CLOSURE UNTIL 8.30 PM

- Good skiing skills required for the descent! The pistes aren't groomed after the passage of skiers during the day, which can make the descent more challenging (bumps, icy patches, etc.)!
- Remember to turn on your head torch to be visible to other skiers!

# IN CASE OF AN ACCIDENT

### Keep calm - Secure the area - Call for help

- Nearby. Call for help: another group might come to your aid (you can also whistle, move your arms or poles in the air).
- Take 2 seconds to precisely locate yourself before calling (each marked route or authorised piste has a name on the piste map) or use your phone's GPS...

#### ON MARKED ROUTES

(rescue carried out by ski patrollers)



04 50 54 04 73

#### ON AUTHORISED PISTES AFTER SKI AREA IS CLOSED

(rescue carried out by PGHM - mountain rescue unit)



## WHO?

Your name
Your phone number

## QUOI?

Type d'accident Gravité

# WHERE? GPS COORDINATE

As precisely as possible, provide: the location, the route, the altitude, the aspect, etc.

## WHEATHER?

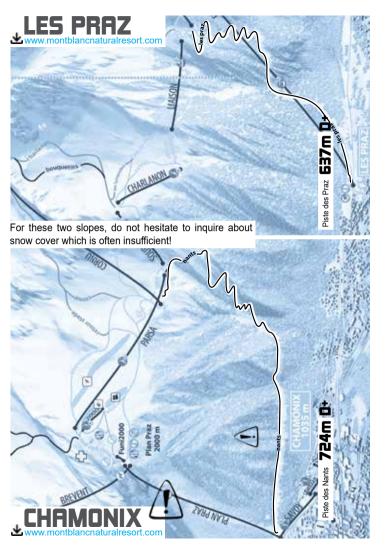
Visibility Wind

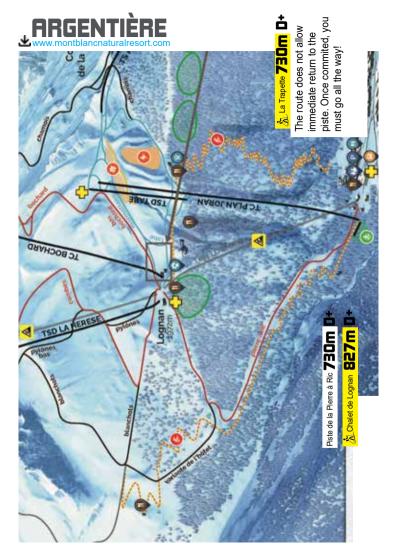
Possible to create a DZ? (Helicopter Drop Zone)

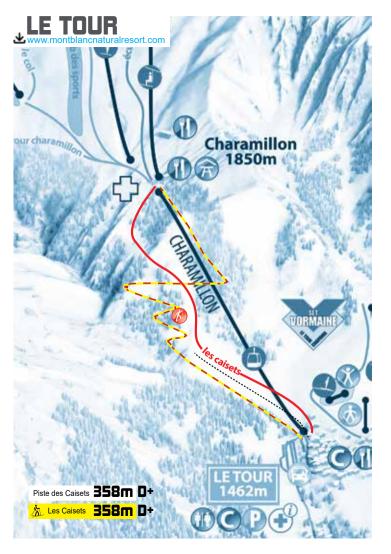














# **FREE ACCESS**

Every day during the ski area's opening hours



FLÉGÈRE (

**BRÉVENT** 



LES HOUCHES

# **AVALANCHE RESCUE** WORKSHOPS

Infos www.chamoniarde.com



THIS WINTER, PRACTISE!

La Chamoniarde, Société de Prévention et de Secours en Montagne