



HIKERS, ALPINISTS,

TAKE ADVANTAGE of the

INFORMATION

about

HIGH & MID MOUNTAIN

offered by the **Office de Haute Montagne**



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information

About **mountain conditions**,

Weather forecast,

Routes details and **difficulties**,

Mountain huts & lifts,

Regulation (*trail closures, natural reserves, dogs, mont Blanc ascent ...*)

advices

About **routes**,

Outing choice depending on your capacities and the conditions,

Schedules to keep, necessary **equipment** and **gear** ...

documentation & exhibition

Come and consult our **topographic maps** & **guidebooks**, discover our famous **relief map** of the Mont-Blanc massif, or visit the *Pôle Montagne Risk* and its **exhibition** to understand the risks in the mountains.

From Monday to Saturday from 9 to 12 and 15 to 18 - Every day in summer, our team welcomes you on the top floor of the Maison de la Montagne and answers on phone or via email at ohm-info@chamoniarde.com !

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